



# The Chase Sailing Club

## Instructor Briefing Points

This checklist contains the items identified in the training risk assessment that we should consider briefing students on, as necessary, to reduce risk.

### Clubhouse and grounds

Fire procedure – leave the building immediately, do not collect personal belongings.

Point out the fire exits

Slippery floors, especially the Galley & changing rooms when wet

Showers – watch out for very hot water – most important for children

Slippery slipways, especially at water's edge

Slipping and tripping in the dinghy park – mud, tie-downs, etc

### Launching and pontoon

Personal buoyancy to be worn at all times

Risk from manhandling boats, slipping, being hit by spars, etc

Tripping when moving empty trolleys

Tripping over metal rings and ropes on pontoon

Injury from boats moored to pontoon

Risk of injury from hinged parts of pontoon and catching fingers between pontoon and boats

### On the water

Suitable clothing – Plenty of layers, hat and gloves if it's cold. Sun cream and hat if it's hot.

Tell an instructor if you're getting uncomfortable

Personal buoyancy to be worn at all times

Risk of injury from the boom

Avoid collisions – keep well clear of other boats and at least 10m from the shore

Demonstrate safety signals used by support boat – come to me (or follow me), go home, reduce sail.

Keep fingers and limbs away from between boats and between boat and pontoon

### Powerboats

Use of kill cord – at all times

Engine off near people in the water

Don't re-fuel if wearing a dry suit (static electricity hazard)

Powerboats are heavier than sailing dinghies; extra help may be needed to get boats out of the water