

The Chase Sailing Club Risk Assessment

Activity: Sailing			Location: Lake & Creek	
Hazard	Risk	Who	Risk Rating	Control Measures
Carrying and using equipment	Personal injury	All	Medium	Instructor to ensure that participants are physically capable of moving dinghy's Individuals to work in pairs to move dinghy's where appropriate All participants to wear footwear Instruction on correct and appropriate technique All participants on supervised sessions under the age of 16 to wear helmet. Over 16's to wear a helmet at the discretion of the instructor Visual inspection of equipment prior to start of session
Water	Drowning Hypothermia Illness	Student Instructors	Medium	All participants to wear buoyancy aids All participants must be confident in water but not necessarily swimmers Instructors to carry adequate equipment Monitor water for any pollution Suitably qualified staff with good group control Instructor to use safety boat where appropriate
Capsizes	Personal injury Drowning Hypothermia	Student	Medium	Safety briefing by instructor before going onto water: During warm weather periods encourage group members to attempt to capsize Under the supervision of the instructor at the end of the session
Other boards and craft	Entrapment Personal injury	All	Low	Briefing of group regarding appropriate behaviour at start of water based activity Instructor to observe group and other lake users whilst activity taking place
Jetty's	Personal injury	Students Instructors	Low	Instructor to be aware of location and construction of jetty in relation to group
Weather	Hypothermia Sunstroke	Students Instructors	Medium	Correct clothing and equipment worn for weather and water conditions i.e. Wetsuit if water temperature is less than 10C Proximity of warm building Adequate protection from sun
High winds	Personal injury	Students instructors	Medium	Session to take place in appropriate conditions for ability and attitude of group