



**Youth Sailing @
Chasewater**

Youth Sailing Scheme Stage 2

SAILOR NAME:

date / int

DATE COMPLETED:	
LOG BOOK SIGNED:	
CERTIFICATE ISSUED:	

Rigging	date/int	Sailing Manoeuvres	date/int.
Can put a boat head to wind for rigging		Understands the no go zone	
Can rig a dinghy		Understands what is meant by windward leeward and gybe	
Launching and recovery			
		General	
Understands how to manoeuvre a trolley clear of other boats and overhead cables		Has knowledge of:	
Can launch and recover a small dinghy in an offshore wind		Spars and rigging	
		Parts of the sail	
Ropework			
		Sail controls and foils	
Can tie a round turn and two half hitches and a reef knot		Offshore and onshore winds	
Sailing techniques and manoeuvres		Telling someone ashore	
Can control speed and stop by lying to		The dangers of man made hazards e.g. overhead power lines, weirs.	
can get out of irons			
		Rules of the road	
Can go about (close reach to close reach)			
Can crew a boat effectively		Has knowledge of the Port/Starboard rule	
		Meteorology	
Can sail a shallow triangle course across the wind under supervision (gybing optional)		Understands several ways of finding wind direction	
Understands the principles of:			
		Clothing and equipment	
The five essentials			
		Can choose and correctly adjust a personal buoyancy aid	
Returning to a beach or pontoon (offshore wind)			
		Understands what to wear	
Capsize recovery			
Can be scooped in during capsize recovery can right one type of dinghy			