



**Youth Sailing @  
Chasewater**

**Youth Sailing Scheme Stage 4**

**SAILOR NAME:**

date / int

DATE COMPLETED:	
LOG BOOK SIGNED:	
CERTIFICATE ISSUED:	

<b>Rigging and launching</b>	date/int	<b>Sailing background</b>	date/int
Can rig, launch and recover in any wind direction		<b>Has knowledge of:</b>	
Can set up a boat according to weather conditions using sail and rig controls e.g. mast rake, reefing		IRPCS	
		Beaufort Scale	
<b>Ropework</b>		Synoptic charts	
<b>Knows the uses of and can tie:</b>		Tidal ebb and flow	
Figure of eight, round turn and two half hitches, reef knot, bowline, clove hitch		Spring and neap tides	
rolling hitch, sheet bend		Knows how to recover from tidal inversion	
<b>Sailing techniques and manoeuvres</b>			
<b>Can demonstrate</b>		<b>Coastal (Optional)</b>	
Sailing techniques and manoeuvres from stage 3 in a crewed boat		Can apply practical sailing techniques and manoeuvres on tidal waters	
		<b>Sailing background</b>	
Communicate effectively as helm and crew		Can apply the IRPCS afloat	
Effective use of the five essentials by helm and crew afloat including the use of tell tales		Has basic knowledge of IALA buoyage	
Recovering a man overboard		how to use tide tables and how to find the direction of tidal streams	
Returning to a beach, jetty or mooring safely in any wind direction			